

Monday

MEATS:

Fried Chicken
Baked Lemon Pepper Chicken
Hamburger Steak w/Gravy
Chicken Pot Pie
Country Fried Steak

VEGETABLES:

Rice / Gravy
Broccoli Casserole
Green Beans
Mac-n-Cheese
Turnip Greens
Dry Baby Limas
Blackeye Peas
Candied Sweet Potatoes
Mashed Potatoes
Fried Okra
Cornbread dressing w/Gravy

Thursday

MEATS:

Fried Chicken
Meat Loaf
Chicken & Dumplings
Beef Tips
Baked Chicken

VEGETABLES:

White Corn
Mac -n- Cheese
Mashed Potatoes
Rice / Gravy
Egg Noodles
Steamed Cabbage
Pinto Beans
Turnip Greens
Blackeye Peas
Green Bean Casserole
Candied Sweet Potatoes
Cornbread Dressing w/Gravy

Tuesday

MEATS:

Fried Chicken
Baked Chicken
Hamburger Steak w/Gravy
Salmon Patties

VEGETABLES:

Cornbread dressing w/Gravy
Rice / Gravy
Mac -n- Cheese
Green Beans
Fried Okra
Baby Limas
Turnip Greens
White Corn
Blackeye Peas
Candied Sweet Potatoes
Mashed Potatoes

Friday

MEATS:

Fried Chicken
Fried Fish Fillet
Fried Whole Catfish
Country Fried Steak
Baked Turkey

VEGETABLES:

Baby Limas
Mac-n- Cheese
Cornbread dressing w/Gravy
Cream Corn
Green Beans
Turnip Greens
Fresh Collards
Blackeye Peas
Candied Sweet Potatoes
Rice / Gravy
Mashed Potatoes

Wednesday

MEATS:

Bakd Chicken
Fried Chicken
Fried Pork Chops
Hamburger Steak
Country Captain Chicken

VEGETABLES:

Mashed Potatoes
Rice / Gravy
Mac -n- Cheese
Green Beans
Baby Limas
Turnip Greens
Steamed Broccoli Spears
Blackeye Peas
Candied Sweet Potatoes
Cornbread dressing w/gravy
Squash Casserole (Seasonal)

Sunday

MEATS:

Fried Chicken
Fried Fish Fillet
Country Fried Steak
Hamburger Steak w/Gravy
Baked Chicken

VEGETABLES:

Cornbread dressing w/Gravy
Mac-n-Cheese
Mashed Potatoes
Green Beans
Collard Greens
Candied Sweet Potatoes
Rice
Field Peas W/ Snaps
Turnips
White Corn
Limas